



**REUNION DAY 2023**  
**CLASS OF 1943**  
**CELEBRATING 80 YEARS**



Left to right

GRADUATION May 19, 1943

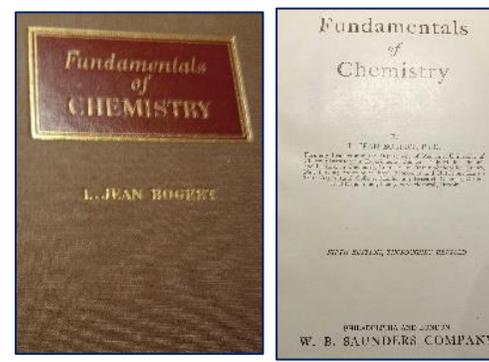
Front Row: Ruth Young Betty Start Dolores Henry Helen Montague Marguerite Reding Rita Curtis Nell Patterson Ella Anderson Agnes Morrow  
Grace Dougherty Joan O'Sullivan Doris Caley Ilene Faulkner Betty Perry

Back Row: Loreen Leatherdale Pauline Kwolek Muriel Black Mildred Hurst Catherine McKeown Pauline Gibbons Carmel Steffler  
Mildred Nelles Bernadette Clohec Catherine Brown Marjorie Almas Marguerite Mooney Margaret Mae MacDonald Betty Martin

Pauline Gibbon (Sister Paul Marie) Joan O'Sullivan (Sister M. Celestine) Marguerite Reding (Sister Mary Austin)



Front: Ruth deMontmorency'45 Marion Ionson'45  
Frances O'Brien'41 Katherine Dasher'45  
Back: Helen King Marcellus;42 Loreen Leatherdale '43  
Catherine Boyle'44



*Fundamentals of Chemistry*  
5<sup>th</sup> Edition  
Written by L. Jean Bogert, Ph. D.  
Published by W.B. Saunders Company 1941



M. Thomas, Marjorie Leonard'45, Doris Halverson '45  
Gerarda Clark'44, Muriel Black'43, Loreen Leatherdale'43  
Jean Hodgins'44  
Working in the O.R.

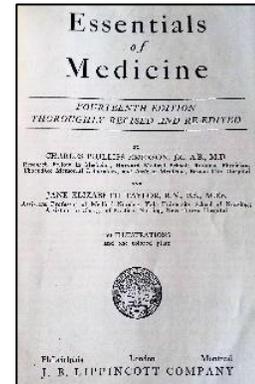
Dr. F. Bowman Loreen Leatherdale'43

Pictures donated by Loreen Leatherdale '43

*Loreen Leatherdale'43*  
1943 Loreen served on the Nurses Alumnae Executive as secretary  
1944 – 1945 Loreen served on the Alumnae as the treasurer



Dr. R. J. Fraser  
"Anatomy"



*Essentials of Medicine*  
14<sup>th</sup> Edition  
Written by Charles Phillips Emerson, JR., A. B., M.D.  
and Jane Elizabeth Taylor, R. N., B. S., M. Ed.  
Published by J. B. Lippincott Company 1940



Dr. A. Liston



Dr. L. Murray 1944  
"Surgeon"



Dr Sutherland



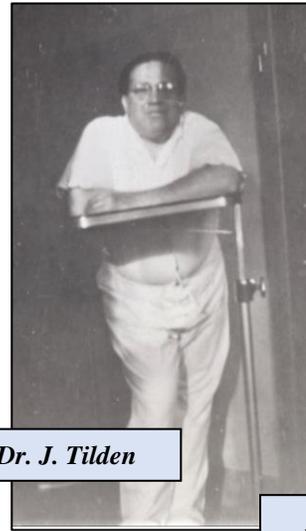
Catherine Brown '43, Irma Keller '41  
Lorraine Stewart '45, Betty Martin'43  
Working in the O.R.



**Dr. J. Tilden Dr. O. J. Newall**



**Agnes Helen Betty Irene Jean Carmel  
Morrow'43 Montague'43 Martin'43 Faulkner'43 Hodgins'44 Steffler'43**



**Dr. J. Tilden**

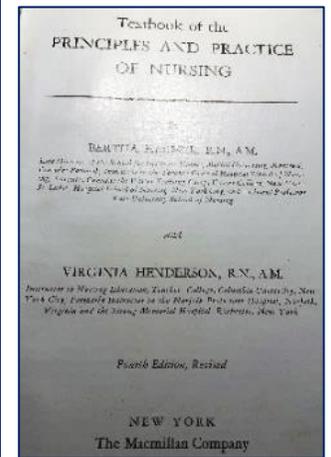
*Note on back of picture  
"This is Sister Cordula's Operating Room Staff"*



**Left to right  
Elsie Alice Marion Helen Aileen Carmel  
Born'44 Hyslop'44 Wheeler'44 McCombs'44 McNamara'44 Steffler'43**



**Frances O'Brien'41 Helen King'42  
Loreen Leatherdale'43**



**Textbook of the Principles and Practice of Nursing  
4<sup>th</sup> Edition  
Written by Bertha Harmer, R.N. A.M.  
and Virginia Henderson, R.N., A.M.  
Published by MacMillan Company 1939**



**Left to right:  
Nina Irene Violet Mary Mildred  
Hinks'38 Faulkner'43 Jennings'38 Haley'42 Nelles'43**



**Class of 1943 off to Detroit for pediatric affiliation  
Doris Caley, Pauline Kwolek, Mildred Nelles, Ruth Young,  
Irene Faulkner, Catherine Brown, Betty (Catherine) Martin**

72678  
Graduating Exercises

St. Joseph's Hospital  
School of Nursing

Nurses' Residence  
"Undermount"

3 p.m.  
Wednesday, May 19th  
1943

Programme

Orchestra . . . . . O Canada

Chairman

W. P. Downes, B.A., M.D.C.M. . . . . Chairman of Staff

Presentation of Diplomas and Pins by

HIS EXCELLENCY

MOST REVEREND JOSEPH F. RYAN, D.D.

Addresses to Graduating Class

HIS WORSHIP

MAYOR MORRISON

A. G. McGHIE, M.D.C.M., M.R.C.P. (E.)  
President of Hamilton Academy of Medicine

VERY REVEREND

GERALD PHELAN, Ph.D.

HIS EXCELLENCY

MOST REVEREND JOSEPH F. RYAN, D.D.

Presentation of Prizes

Programme

\* Prize for General Proficiency  
Given by L. L. Playfair, M.D., F.R.C.S. (E.)  
Presented by Mrs. Playfair.

~~MISS LOREEN LEATHERDALE~~

Prize for Efficiency in Bedside Nursing  
Given by F. Woodhall, M.B.  
Presented by Mrs. Woodhall.

~~MISS ILENE FAULKNER~~

Prize for Surgical Nursing and Examination  
Given by John R. Parry, B.A., M.B., F.R.C.S. (C.)  
Presented by Miss Rosa Parry.

~~MISS DORRIS CALEY~~

Prize for Medical Nursing and Examination  
Given by William Downes, B.A., M.D.C.M.  
Presented by Mrs. Downes.

~~MISS LOREEN LEATHERDALE~~

Prize for Professional Ethics  
Given by H. J. Sullivan, M.D.C.M.  
Presented by Mrs. Sullivan.

~~MISS AGNES MORROW~~

Prize for Nursing and Examination in Preventive Medicine  
Given by A. C. Martin, M.B.  
Presented by Mrs. Martin.

~~MISS MARGUERITE MOONEY~~

Prize for Obstetrical Nursing and Examination  
Given by A. A. Cauley, M.D.C.M.  
Presented by Mrs. Cauley.

~~MISS ILENE FAULKNER~~

Prize for Gynecological Nursing and Examination  
Given by William Jamieson, M.D.C.M.  
Presented by Mrs. Jamieson.

~~MISS RUTH YOUNG~~

Prize for Examination and Nursing in Diseases of the Eye, Ear,  
Nose and Throat  
Given by W. L. Crewson, M.D.C.M., and  
H. W. Whytock, M.B., F.R.C.S. (E.)  
Presented by Mrs. Whytock.

~~MISS MURIEL BLACK~~

Prize for Public Health Nursing  
Given in memory of the late Dr. James Roberts.  
Presented by Mrs. Roberts.

~~MISS PAULINE KWOLEK~~

Prize for Anatomy and Physiology  
Given by W. A. Weaver, M.D.C.M., and  
R. J. Fraser, M.D.  
Presented by Mrs. Fraser.

~~MISS BEATRICE PERRY~~

Prize for Clinical Pathology  
Given by John Tilden, M.D.  
Presented by Mrs. John Balfe.

~~MISS PAULINE KWOLEK~~

GOD SAVE THE KING

1943



**PRIZE-WINNING GRADUATES**—Special awards are to be presented to members of the graduating class of St. Joseph's School of Nursing at the graduation exercises to-morrow afternoon. The general proficiency prize was won this year by Miss Loreen Leatherdale, shown at extreme left, top row. The award is being given by Dr. L. L. Playfair, and will be presented by Mrs. Playfair. Two nurses who have the distinction of winning two prizes each appear in the upper centre—Miss Ilene Faulkner, who won the prize for efficiency in bedside nursing given by Dr. Frank Woodhall, to be presented by Mrs. Woodhall, and the prize for obstetrical nursing and examination, given by Dr. A. A. Cauley, to be presented by Mrs. Cauley; and Miss Pauline Kwolek, who won the prize for public health nursing given in memory of the late Dr. James Roberts, to be presented by Mrs. Roberts, and the prize for clinical pathology, given by Dr. John Tilden, to be presented by Mrs. John Balfe. Miss Agnes Morrow, seen at top right, won the prize for professional ethics, given by Dr. H. J. Sullivan, to be presented by Mrs. Sullivan. In the lower row are shown (left to right) Miss Beatrice Perry, who won the prize for anatomy and physiology, given by Dr. W. A. Weaver and Dr. R. W. Fraser, to be presented by Mrs. Fraser; Miss Muriel Black, winner of the prize for examination and nursing in diseases of the eye, ear, nose and throat, given by Dr. W. L. Crewson and Dr. H. W. Whylock, to be presented by Mrs. Whylock; Miss Marguerite Mooney, prize for nursing examination in preventive medicine, given by Dr. A. C. Martin, to be presented by Mrs. Martin; Miss Doris Caley, prize for surgical nursing and examination, given by Dr. John R. Parry, to be presented by Miss Rosa Parry; Miss Ruth Young, prize for gynaecological nursing and examination, given by Dr. William Jamieson, to be presented by Mrs. Jamieson.

—Photos by Hubert Beckett.

**Garden Tea**

A delightful reception and garden tea followed the graduation exercises of the St. Joseph's School of Nursing yesterday afternoon, when parents and friends were greeted personally by His Excellency, Most Rev. J. F. Ryan, Bishop of Hamilton; Mgr. G. L. Cassidy, Dean of Hamilton; Dr. W. P. Downes, chairman of hospital medical staff, and Rev. Sister Mary Grace, superintendent of nurses. In the evening, the students' dance was an enjoyable event held in the nurses' residence.

**GRADUATION May 19, 1943**

*A delightful reception and garden tea followed the graduation exercise of the St. Joseph's School of Nursing.*

*In the evening, the students dance was an enjoyable event held in the nurses residence.*

**PRIZE WINNERS 1943**

**TOP ROW** left to right

Loreen Leatherdale  
Ilene Faulkner  
Ilene Faulkner  
Pauline Kwolek  
Pauline Kwolek  
Agnes Morrow

general proficiency  
efficiency in bedside nursing  
Obstetrical nursing and examination  
public health nursing  
Clinical pathology  
professional ethics

**BOTTOM ROW** left to right

Beatrice Perry  
Muriel Black  
  
Marguerite Mooney  
Doris Caley  
Ruth Young

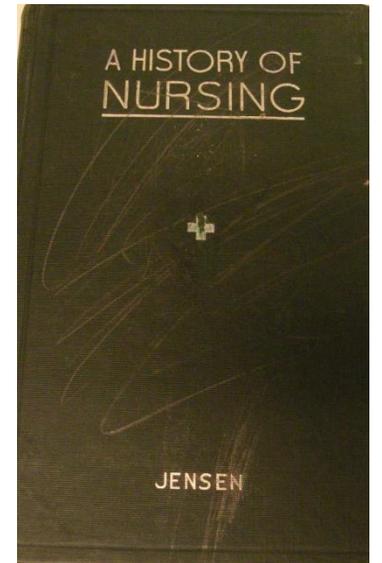
anatomy and physiology  
examination and nursing in diseases of the  
eye, ear, nose and throat  
nursing examination in preventive medicine  
surgical nursing and examination  
gynecological nursing and examination



Joan O'Sullivan '43  
Graduation Day



Joan O'Sullivan '43 walking with classmates  
In downtown Hamilton.



written by Deborah MacLurg Jensen R.N. / M.A.  
Published by C.V. Mosby Co in 1943



**LEFT TO RIGHT**

**FRONT ROW:** RUTH YOUNG, BETTY START, DOLORES HENRY,  
HELEN MONTAGUE, MARGUERITE REDING, RITA CURTIS,  
NELL PATTERSON, ELLA ANDERSON, AGNES MORROW,  
GRACE DOUGHERTY, JOAN O'SULLIVAN, DORIS CALEY,  
ILENE FAULKNER, BETTY PERRY

**BACK ROW:** LOREEN LEATHERDALE, PAULINE KWOLEK, MURIEL BLACK,  
MILDRED HURST, CATHERINE MCKEOWN, PAULINE GIBBONS,  
CARMEL STEFFLER, MILDRED NELLES, BERNADETTE CLOHECY,  
CATHERINE BROWN, MARJORIE ALMAS, MARGUERITE MOONEY,  
MARGARET MAE MACDONALD, BETTY MARTIN



*Marguerite Reding '43  
a.k.a. Sister Mary Austin Reding*

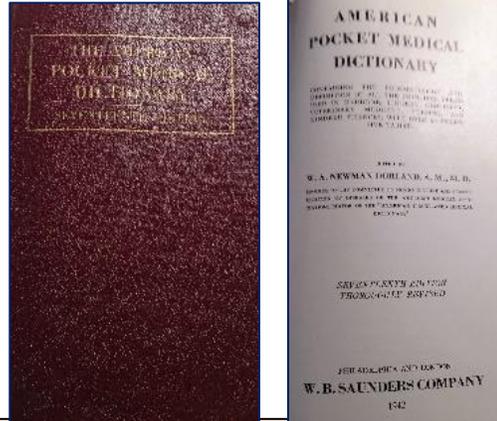


*Sr. Mary Austin Reding '43  
in the nursery.*

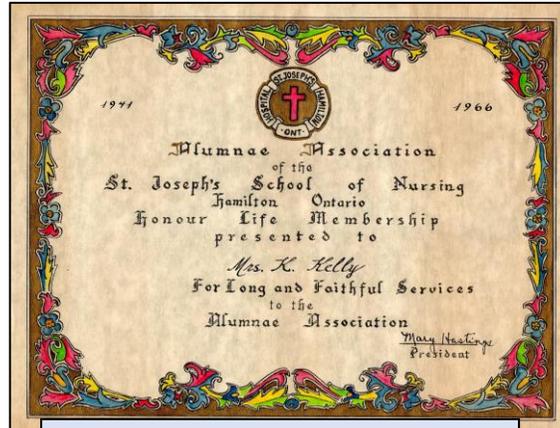
*Sister Mary Austin was born August 22, 1921.  
She graduated as Marguerite Reding from St. Joseph School of Nursing with the class of 1943.  
She entered the St Joseph Convent and professed her vows July 16, 1951.  
Sister was involved in the researching of names of the graduates with Dorothy Gleed Marshall '46.  
In 1958 Sister Mary Austin used her calligraphy skills to create the scrolls presented to new  
"Life Members" each year each year at the Reunion dinner.  
She entered Eternal Life March 25, 2005.*



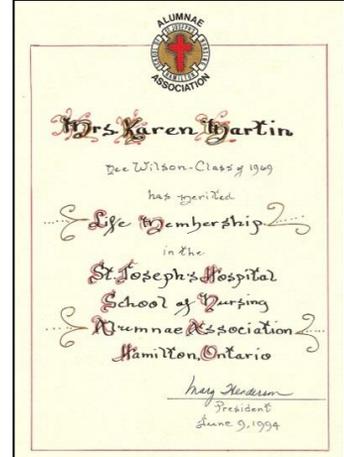
*These ladies were on the committee who organized the reunion dinner in 1947.  
Left to Right  
Back Row:  
Jean Webster-Shepard '37, Frances Ruffing Harold '46,  
Marguerite Reding a.k.a. Sr. Mary Austin '43, Agnes Smith Muir '34  
Front Row:  
Bernadette Clohecy '43, Doris Crossley '32 Frances O'Brien '41*



*The American Pocket Medical Dictionary  
17th Edition  
Written by W.A. Newman Dorland A.M., M.D.  
Published by W.B. Saunders Company in 1942*



*Marion Townsend Kelly '41  
Life Membership Certificate 1966*



*Karen Wilson Martin '69  
Life Membership Certificate 1994*



*Mary Haley '42 Sister Mary Austin '43 Norma Walsh '42*



*Reunion Day 1986  
Sister Mary Austin  
with members of the class of 1941*

June 20/95

Re: our archival materials.

Recently I was in the lobby of Ham. Mem. Hosp. and was pleased to see the lovely archival materials from their school of nursing in a display case.

I'd like to see ours in the 1st. floor of the hospital. I doubt if the lobby could be appropriate. I've been looking around from where I am at the Infirmary. I am wondering if the wall along the Bishop Dowling wing as you leave the St Mary's Grace lobby? Just a thought!

Perhaps Donahoe lobby has more space but the biggest traffic is in our Charleston. Mary Grace entrance!

Respectfully  
Sister Mary Austin "over"

Many thanks for all the efforts of the executive to have such a great banquet again this year and all the many hours of work continually during the whole year.

You're all wonderful !!  
Dmk

2 page letter written by Sister Mary Austin in 1995 suggesting an area to display the Alumnae Archival material.

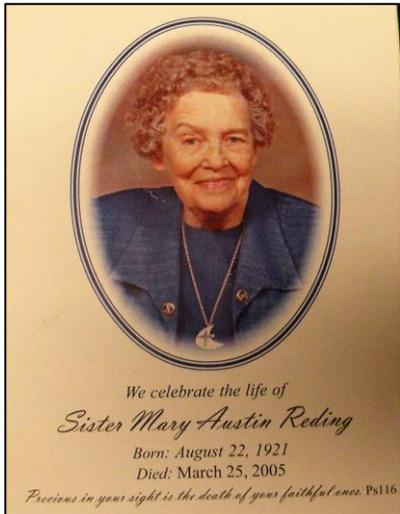
1949  
Miss Marguerite Reding '43 (Sister Mary Austin) was received into the Convent.



Sister Mary Austin '43 Norma Martin Matthews '54  
Reunion Day 1989

Marguerite Reding '43

- 1945 Marguerite served on the Nurses Alumnae Executive as the Treasurer
- 1946-1947 Marguerite served on the Alumnae as the Treasurer
- 1948-1949 Marguerite served on the Alumnae as the Treasurer



We celebrate the life of  
Sister Mary Austin Reding  
Born: August 22, 1921  
Died: March 25, 2005  
Precious in your sight is the death of your faithful ones. Ps116

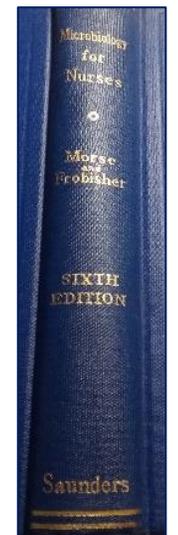
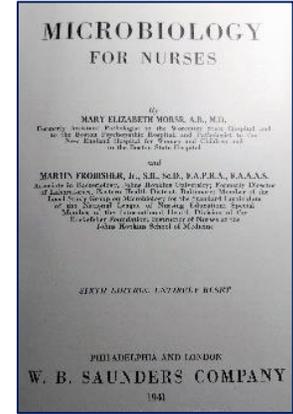
Sister Mary Austin Reding  
August 22, 1921 - March 25, 2005

I've phoned Mary (Halcy) Jildew 632-2004  
477 Elizabeth St. Burlington but did not get an answer on the phone. Perhaps she could help tell who that missing one is. Isn't strange there are 27 in the picture and only 26 in the Gold Book? I checked all these names against Gold book too.

Note from Sister Mary Austin  
Checking names for the members of class of 1942

Sister Mary Austin

Note from Sister Mary Austin '43  
She was involved in the researching of names of the graduates with Dorothy Gleed Marshall '46.  
This note states there are 27 graduates in the graduation picture for the class of 1942  
She states there are only 26 names recorded in the "Gold Book" titled Sixty Years 1890 - 1950  
written by Sister Mary Ursula '32



Microbiology for Nurses  
6th Edition  
Written by Mary Elizabeth Morse A.B., M.D.  
and Martin Frobisher, Jr., S.B., Sc.D., F.A.P.H.A., F.A.A.A.S.  
Published by W.B. Saunders Company in 1941

*Sister Joan O'Sullivan graduated from St. Joseph's School of Nursing in 1943. While working private duty in Hamilton she also worked as a staff nurse at Christie Street Military Hospital in Toronto.*

*1946 Joan entered the Convent located on Park Street.*

*1951 She was a nursing educator at St. Mary's School of Nursing in Kitchener, Ontario, teaching Nursing Arts and Science until 1955, when she was assigned to St. Joseph's School of Nursing in Guelph.*

*1952 Known as Sister Celestine she pronounced her final vows as a Sister of St. Joseph in July.*

*1961-1964 She obtained her Bachelor and Master of Nursing Science from the University of Western Ontario.*

*1964-1969 Following Vatican 2, Sister Joan returned to her baptismal name "Joan" and was appointed Director of Nursing at St. Joseph's School of Nursing Hamilton.*

*1969-1972 Sister was appointed Director of Nursing Service, St. Joseph's Hospital, Hamilton.*

*1972-1973 Sister was appointed Director of Education at St. Joseph's School of Nursing, Hamilton.*

*1973 Assistant Executive Director at St. Joseph's Hospital, Brantford.*

*1975-1979 Executive Director of St. Mary's General Hospital, Kitchener.*

*1979 Chief Executive Officer of St. Joseph's Hospital until her retirement on December 31, 1988.*



*Sr. Joan O'Sullivan receiving her Doctorate 1964*



*Sister Celestine (Joan O'Sullivan)*

*Director of Nursing  
1965-1969 and 1972-1973*

*Executive Director of St Joseph Hospital 1979-1988*

*Entered Eternal life April 27, 2013*

*She referred to the hospital as  
"The Sisters Family Business"*

*1988 In an article announcing her retirement Sister Joan was quoted as saying "We go where the need is, and try to encourage unity and reconciliation in the community".*

*The same article stated the following things:*

- As a member of the Order of the Sisters of St. Joseph, Sister Joan has used the mandate of the Order throughout her career.*
- She is well known in the community for slugging a bat at a hospital baseball game.*
- Known for grappling with the government officials over an inadequate global hospital budget.*

*Under her direction, the hospital:*

- has added a 20 bed Dialysis Centre.*
- established such programs as the East Region Mental Health Services.*
- First Place Family Medical Centre.*
- The Hamilton Women's Detox Centre.*
- \$5.5 million dollar building program.*



*Sister M. Celestine (left), who has been director of nursing at St. Joseph's Hospital since 1969, has been appointed director of St. Joseph's School of Nursing. Miss Margaret Louise Peart of Burlington (right) will succeed Sister Celestine as director of nursing at the hospital. Both appointments are effective tomorrow.*

*Sister Celestine'43 Margaret Peart'44  
1973 Director of Nursing*



Marjorie Almas '43

**Marjorie Almas '43**

*Marjorie was born to Gordon and Edna Almas, a Market Gardening family in Aldershot (now Burlington). She attended Nelson Public School #3, then Burlington District (now BCHS).*

*She married Broadie Tregunno. They farmed on Maple Avenue for many years and raised their 7 children. When the farm sold they moved to Millgrove where they spent many happy years.*

*She graduated from St Joseph's School of Nursing in Hamilton with the class of 1943. She then worked as an Reg N. for many years at the Joseph Brant Hospital.*

*Marjorie was a long time member of St. Luke's Church in Burlington and Millgrove United. She volunteered for the Women's Institute, The Ontario Federation of Agriculture, and was a life time member of Eastward Bowling League in Burlington. She was a grandmother to 15 and a great grandmother to many children.*

*Marjorie was a resident at Alexander Place in Waterdown for her last 3 years and celebrated her 100<sup>th</sup> birthday 18, 2020*



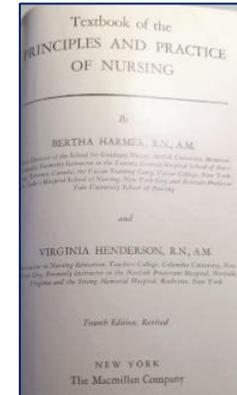
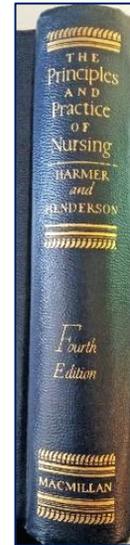
Marjorie Almas Tregunno '43  
Celebrating 100 Years  
School of Nursing 2011



Marjorie Almas Tregunno '43



Dorothy Glead'46 Marguerite Montague'45 Marjorie Almas'43  
at the Tea and Tour 2011  
hosted by Sister Virginia'45, Sister Joan O'Sullivan'43  
and Sister Ann Marshall'56



*Textbook of the Principles and Practice of Nursing  
4<sup>th</sup> Edition  
Written by Bertha Harmer R.N., A.M.  
and Virginia Henderson R.N., A.M.  
Published by The MacMillan Company in 1939*



Marjorie Almas  
Tregunno '43  
Reunion Day 2015



Marjorie Almas Tregunno '43  
with her daughter  
Shirley Tregunno '71A  
Reunion Day 2018



Marjorie Tregunno'43 Mary Cino'58 Beverly Shynal Greenwood'70

*Other quotes from Sister Joan in the 1988 article are*

- *“Most of my time is spent dealing with people, in committee meetings and board meetings, and trying to set policies within the philosophy of the Sisters of St. Joseph”.*
- *“We’re an acute-care hospital but on any given day, we have 60 patients who don’t need hospital-level care, but have no other facility to go to, so we keep them”.*

*Sister Joan’s career included functionary roles in federal and provincial governing bodies and organizations. Her achievements included:*

- *President of the Catholic Hospital Association of Canada.*
- *President of the Catholic Hospital Conference of Ontario.*
- *President and C.E.O. of St. Mary’s Hospital, Kitchener, Ontario.*
- *President and C.E.O. of St. Joseph’s Hospital, Brantford, Ontario.*
- *Honorary Doctorate in 2002 by the University of Toronto – St. Michael’s College, for her vocational commitment to the Order, t the intersection of healthcare and community service.*

*Following her retirement in 1988 Sister continued with many acts of goodwill, charity and support.*

- *Congregational Liaison for Pastoral Care to the Directors of St. Joseph’s Healthcare System.*
- *Chair of the Board of Directors to the executive operation of the Good Shepherd Brothers of Hamilton.*
- *Member of the Board of Directors of St. Elizabeth Visiting Nurses Association.*
- *Member of the Board of Trustees (Executive Committee and Finance Committee) of St. Joseph’s Hospital, Brantford.*

*1990 She was awarded “Women of the Year” for the health care category by the Hamilton Status of Women. She was recognized for her leadership, education and administration.*

*1998 Hamilton Gallery of Distinction inducted Sister Joan (and 5 others) for their outstanding leadership and contribution to the City of Hamilton.*

*Sister Joan’s role with the Congregation, has also been one of leadership and inspiration.*

- *1989-1994 First Councillor to the Congregation.*



*Sister Joan and Buster,  
given to her by  
the class of ‘67*



*Sister Joan with  
Bob Rae at the opening of  
the King Campus 2002*

## **Sister Joan O'Sullivan and Marietta Pupo Honoured**

Two members of the St. Joseph’s Hospital family are walking proud after being named Women of the Year by the Hamilton Status of Women Sub-Committee. In front of 900 people at the 14th Annual Awards at the Hamilton Convention Centre, Sister Joan O’Sullivan and Marietta Pupo, Reg.N., were honoured for their achievements.

Sister Joan, Assistant General Superior of the Sisters of St. Joseph of Hamilton, was named Woman of the Year in the Workplace category. Sr. Joan was presented with her award for her many accomplishments. Most notable is her ten-year term as Executive Director of St. Joseph’s Hospital, her work in establishing the Good Shepherd Centre for Women and the Hamilton Women’s Detox Centre, and her efforts in establishing the twinning of St. Joe’s with the small Caribbean island of Dominica.

Named as Woman of the Year in Health, Sport and Fitness was Marietta Pupo. Honoured for her contributions to health care in the Hamilton community, specifically in the areas of maternity care, palliative care and her work with head and neck cancer patients, Marietta currently works as Clinical Nurse Specialist on 5 and 6 Surgery and effective at the end of April will be Clinical Nurse Specialist/Nursing Co-ordinator of the Palliative Care Consultation Team. A graduate of the St. Joseph’s Hospital School of Nursing and a nurse at St. Joe’s for more than 25 years, Marietta teaches at McMaster University. Something that speaks volumes about the kind of person Marietta Pupo has always been is the fact that she maintains strong links with many past and current patients.



*Sister Joan O'Sullivan*



*Marietta Pupo*

**1990 Woman of the Year**



**Congratulations to Sister Joan O'Sullivan (Celestine '43).**

In November 1998, Sister was presented with the prestigious Hamilton Gallery of Distinction Award which recognizes and honours prominent citizens who have, by their accomplishments, brought credit to the Hamilton Community.

Sister Joan was honoured locally as Irish Canadian Citizen of the year in 1987, and Woman of the Year in Health Care in 1990.

Today, she is Assistant General Superior of the Sisters of St. Joseph's, Hamilton, and a member of the Board of Directors of the System.

Our President, Dorothy Marshall and Membership Secretary, Diane Poehlman represented our Alumnae at the Dinner, held at the Hamilton Convention Centre, and were very proud as Sister praised St. Joseph's Hospital's leadership accomplishments in her acceptance speech.



*Published in the Alumnae Newsletter 1989*



*Sister Celestine '43 Sister Maris Stella '56 using the pool table in Fontbonne*

*On Sister Joan O'Sullivan's retirement St. Joseph Healthcare presented her with a trip for two to Hawaii. Sister Ann Marshall joined her on this trip.*

*You Are Cordially Invited  
To Attend  
A Relaxed Evening  
With*

*SISTER JOAN O'SULLIVAN*

*Monday, January 16, 1989  
Carmen's Banquet Centre*

*\$50.00 per person  
\$100.00 per couple  
By Invitation Only  
R.S.V.P. by January 6, 1989*

*Reception 6:30 p.m.  
Dinner 7:15 p.m.*



*Coach O'Sullivan: The Greatest.*

**Perfect ice record on the line**

You'd never guess that the gal pictured above is the world's greatest hockey coach would you?

Without a doubt she is just that. Why if she had been behind the NHL All-Stars bench last week when the team played those Russian fellows it would have been a different story.

The gal is Sister Joan (O'Sullivan), hockey coach supreme.

Never lost a game! Why isn't she coaching the Toronto Maple Leafs or Canada's National Team?

She's too busy. Sister Joan is using her head to keep a hospital operating, using one hand to build an addition to the hospital, and coaching a team with the other. Can't get much busier than that!

Sister Joan's team is all-female but it plays only male teams. And isn't that a great name for a team? Joan's Bad Habits.

Her starting lineup is five nuns. One of them, Sister Maria Cordis, is 80-years-young. Who says a hockey

player is over the hill at 30? Now Sister Joan is putting her no-losses record as a coach on the line Saturday night. By the way, her full coaching record is no losses, no ties, no wins. You know of any other hockey coach who can make that statement?

Yes, Saturday night is when Joan's Bad Habits take to the ice but you can give her a win right now. That's because they're playing the CKOC/CHLH squad which consists of a bunch of media people.

The Bad Habits can whomp any media team any time.

Especially the CKOC/CHLH team. Angus McKay, CKOC's morning DJ, coaches that team and he's awful. Wears a kilt! His record as a coach is zero wins, zero ties and 526 losses.

Anyhow the fun, and there will be tons of it, will begin at 8 p.m. at the Mountain Arena on Hester Street.

Tickets are \$5 per family. Call 560-7768 to order yours.

**Sister Joan to retire from St. Joe's hospital**

SISTER JOAN O'Sullivan, executive director of St. Joseph's Hospital in Hamilton, will retire Dec. 31.

Sister Joan said yesterday she has not made up her mind what she plans to do next.

"But I'm not putting my feet up," she said. Her main concern now is to complete her task at the hospital and then consider other possibilities, she said.

**Surprised**

The 66-year-old director said her announcement, made after much soul searching and thought, surprised many of her colleagues at the hospital.

"I prayed over it. It was not something just decided in one day. It's been fun. But I feel that I'd just like to go and do something else."

Hugh Greenwood, the hospital's public relations director, said a

search committee has been established to find a replacement.

Sister Joan told the trustees, medical advisory committee and staff it will be difficult to leave after a 48-year association with St. Joe's, but even more difficult to leave the many colleagues and friends she has at the hospital.

"It is time for me to pursue other areas of interest and concern, but not before making sure that the talented, dedicated and vital people are in the place to lead St. Joseph's Hospital through the next decade and into the 21st century," she said.

The hospital is in the final year of its 3½-year, \$57-million redevelopment program that will leave St. Joseph's with two new wings, a new chapel and upgraded services.

Since Sister Joan took over the executive director's office, the hospital has added a 20-bed dialysis



*Sister Joan: tough decision*

centre, planned for the St. Joseph's Ambulatory Care Centre to serve east Hamilton and Stoney Creek and established such programs as the East Region Mental Health Services, First Place Family Medical Centre and the Hamilton Women's Detox Centre.

Prior to her appointment as executive director, Sister Joan worked in teaching and executive positions at St. Mary's General Hospital in Kitchener and St. Joseph's Hospital in Brantford.

**Sister Joan says fond farewell to St. Joe's**



*Sister Joan: new challenges*

*Gary Yokoyama The Spectator*

By SUZANNE MORRISON  
The Spectator

SISTER JOAN O'Sullivan finishes a nine-year career as executive director of St. Joseph's Hospital today — as 1988 is rung out and a New Year starts.

The timing of her New Year's Eve departure also represents a new beginning in her life.

Even though she was under no pressure to retire as the head of one of Hamilton's major teaching hospitals, she said she feels "it's time to go."

Her only immediate plan is to attend a residential school in Israel next spring run by the international religious order known as the Sisters of Zion.

Their school is associated with the University of Toronto and it's there that Sister Joan will audit religious courses on the Old and New Testaments.

"It will be refreshing for me to take something else in, except the business world and health," she said.

"All I'm thinking about (right now) is getting two months in Jerusalem and Israel."

**Fresh start for nun who says it's time to 'move on'**

However, her busy life isn't likely to end with her departure from St. Joseph's.

At the moment, she is chairman of the Good Shepherd Centre and she said she hopes to remain involved in community activities "if I'm asked."

She will also maintain her association with the hospital's project in the Caribbean island of Dominica.

In November 1987, St. Joseph's in Hamilton and Guelph's St. Joseph's Hospital and Home for the Aged sent \$250,000 worth of donated medical equipment and supplies to Dominica.

"I hope to get down there again

Continued on A2

# Community "owes a lot" to nuns who built St. Joseph's

Published Oct 24, 2013 Hamilton Spectator

*The Sisters of St. Joseph built St. Joseph's Healthcare into the respected teaching hospital it is today.*

*The Sisters of St. Joseph's came to Hamilton in 1854 and worked out of railway sheds during the cholera epidemic, risking their lives to care for the sick.*

*They opened a 25-bed facility on John Street in 1890 to help orphans, immigrants and the poor. At the time there was no publicly funded health care.*

*"The sisters really began the health care system in Hamilton in an organized way," said St. Joseph's Health System CEO and President Kevin Smith in a video tribute.*

*That facility has now grown to 732 beds, a budget of \$600-million and nearly 4,500 staff at its downtown acute-care hospital, east-end urgent care centre and west-Mountain mental health hospital.*

*The nuns took on leadership roles at times when few women headed health care. Under their watch, a nursing school opened in 1911 and St. Joseph's partnered with McMaster University new Medical School in 1969*

*One trailblazer was Sister Joan O'Sullivan who was CEO of St. Joseph's from 1979 to 1988.*

*During her tenure, St. Joseph's went through \$60 million to \$80 million of redevelopment, including rebuilding the obstetrics department despite uncertainty about how to fund it. She also created the busy urgent care centre in Stoney Creek.*

*"It was a pretty courageous decision," said Brian Guest, senior vice-president of corporate renewal and mission at St. Joseph's Health System, earlier this year. "That was a challenging time to get the funding in place. In terms of where St. Joseph's is now, the community owes a lot to her."*

*The nuns also started St. Joseph's international outreach, providing health care and medical training to impoverished nations long before it was popular.*



*Sister Joan O'Sullivan was a health care pioneer*



*Sister Joan addressing graduating class of 1965.*



*Sister Joan playing basketball with the students.*



*Sister Joan O'Sullivan '43  
Janina Muta Berenyi '65  
Reunion Day 2005  
Opening of the Alumnae  
Display Case*



*Sister Joan with Buster*



*1973 St Joseph's School of Nursing  
moving to Mohawk College  
Sister Ann Marshall '56, Virginia Frere,  
Sister Joan O'Sullivan*

# Director's Task, Relief Of Nursing Shortages

By WILLIAM COCKMAN

The destinies of nearly 700 graduate and student nurses in St. Joseph's Hospital in Hamilton are in the hands of an educated, energetic Director of Nursing —

Fellowship. With it she returned to London to work for her Master's degree. She is the first member of St. Joseph's nursing community here to win the coveted letters after her name.

Now three months at her new desk in the ultra-modern nurses' residence, she has nursing schedules and activities well organized in the multi-million dollar hospital opposite her office window on St. Joseph's Drive. For the first time, class includes four male nurses who room with the hospital interns in a separate building.

She was Joan O'Sullivan, 17, when her hopes of a religious vocation grew bright. The daughter of the late Mr. and Mrs. J. E. O'Sullivan of 16 Victoria Avenue, she had attended St. Patrick's School and Cathedral Girls' High School. She had been active in CYO and a champion in junior city tennis. At 17, she entered St. Joseph's School of Nursing where the dedicated work of the sisters-in-white inspired her. After graduation, she nursed in the hospital, then served a war stint in Christie Street Hospital in Toronto.

She was a private duty nurse eight months, making sure of her vocation, then entered St. Joseph's Convent in 1946. She took her diploma in nursing education at Western University in 1950, then went to St. Mary's Hospital in Kitchener as an instructor in the school of nursing. In 1952 she was in the first group to make final vows at the St. Joseph's Motherhouse at Bridgeview.

In 1955 she went to St. Joseph's Hospital in Guelph as an instructor and director of education. She was appointed director of nursing there in 1959.

For her thesis at Western, she chose "Unit Manager Concept in Action" and went to Sinai Hospital in Baltimore for field experience. They were five memorable weeks. She was the first nun to study there and quickly earned the respect of staff and students. She was there when Pope John died. The Jewish doctors gave her their genuine sympathy and shared her bereavement with prayers in their synagogues.

She defended her thesis successfully, ending her advanced education on a high note. Now as director of nursing, she is in charge of nursing education and nursing service. Two associates share her workload. Mrs. Joan Mason heads nursing

education; Mrs. Mary Prelipp, nursing services.

Sister Celestine has one sister, Mrs. Mary Merryman, Baltimore, Maryland, and two brothers: Herbert with the Steel Company of Canada and Paul, manager, Sheraton-Connaught Hotel. Her predecessor, Sister M. Virginia, has moved to a supervisory capacity at St. Mary's General Hospital in Kitchener.

She feels the nursing service is "in a state of transition" and recognizes the acute shortage of qualified nurses. Part of a surgical floor at St. Joseph's is not in service due to lack of nurses. While guiding her present school to a high standard, she will continue the hospital's search here and in other countries for new nursing material.

Along the way, she is certain to inspire recruits to the ranks of the dedicated sisters-in-white.



SISTER CELESTINE

Sister M. Celestine, MScN. Her school of nursing has a total of 345 students this year — a record. Their numbers and quality are rich in promise for the comfort and recovery of patients at St. Joseph's now and in the future.

This is the second time around for Sister Celestine as a director of nursing. This time she brings to the post two enviable university degrees from Western University. Her Bachelor of Science in nursing won for her a Western University's Kellogg



Sister Joan playing the drums



Sister Joan O'Sullivan '43  
Sister Ann Marshall '56



Ruth Springer '48,  
Sr. Joan O'Sullivan '43

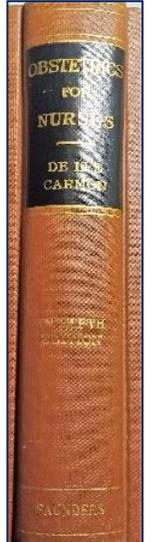
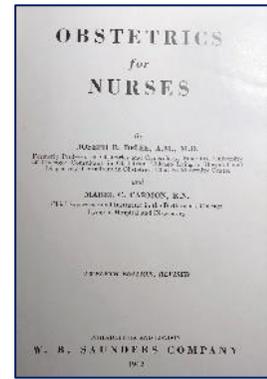


Sister Joan O'Sullivan '43 Virginia Frere

Sister Celestine '43  
1965 - 1967 Sister Celestine served on the Nurses Alumnae Executive - Honorary Vice President / advisor / Director of Nursing



Graduation Day 1969  
Sister Celestine '43 Sister Maris Stella '56 Sister Mary Grace '34



Obstetrics for Nurses  
12th Edition  
Written by Joseph B. DeLee A.M., M.D. and Mabel C. Carmon R.N.  
Published by W. B. Saunders Company in 1942

**FORMER ST. JOSEPH'S CEO 'TRULY REMARKABLE LEADER'**

*Published in the Hamilton Spectator April 29, 2013*

*Inspiring, compassionate and a leader. That is how Sister Joan O'Sullivan is remembered. The former executive director of St. Joseph's Hospital, Hamilton, died April 27 in her 67th year as a Sister of St. Joseph. "She had a unique ability to inspire people. I never remember her raising her voice. She let you know in other ways if she didn't like an idea. She had a look that didn't need a lot of translating," says Brian Guest with a laugh. "There weren't many women in these positions then. She was the CEO of a major teaching hospital. For her, everything was about the patient - what was best for the patient, especially those who were disadvantaged. Of course, we had rules and we had to stay within budget. But it was about doing the best for the patient. You would worry about the consequences later." Guest, who is senior vice-president, corporate renewal and mission for St. Joseph's Health System, worked with Sister O'Sullivan for many years.*

*Born in Hamilton, Sister O'Sullivan graduated from Cathedral Girls High School and the St. Joseph's Hospital School of Nursing. She is also a graduate of the University of Western Ontario, holding a Bachelor of Science in Nursing degree and a Master of Science in Nursing Administration. Sister O'Sullivan was honoured as Irish Canadian Citizen of the Year in 1987 and Woman of the Year in Health Care in 1990.*

*After working as a private duty, general staff and industrial nurse, she entered the Congregation of the Sisters of St. Joseph of Hamilton in 1946. She was director of nursing in St. Mary's General Hospital (Kitchener), St. Joseph's Hospital (Guelph) and St. Joseph's Hospital (Hamilton). Prior to her appointment as executive director of St. Joseph's Hospital Hamilton in 1979, Sister O'Sullivan was assistant executive director of St. Joseph's Hospital Brantford and executive director of St. Mary's General Hospital, Kitchener.*

*As director of St. Joe's Hamilton, Sister O'Sullivan oversaw the construction of a 20-bed regional dialysis centre, the planning and construction of a \$57-million hospital redevelopment and the planning and construction of the St. Joseph's Community Health Centre, now King Campus in Stoney Creek.*

*Another of Sister O'Sullivan's achievements was to start medical missions to developing communities to build healthcare capacity and academic knowledge. This work continues and missions have travelled to Russia, Yemen, Israel, Haiti, Uganda and the Sudan.*

*"There have always been compassionate healthcare providers doing this sort of thing, but no other hospital was doing it in as organized fashion," said Guest. "We never used public money for this. This speaks to her compassion for those less fortunate. She saw that, yes, we have challenges, but we have so much." Guest acknowledges that Sister O'Sullivan had to make some difficult decisions. "It's not an easy business, but she handled herself with compassion and dignity at all times," he said. "She could have still succeeded today. She never relaxed in her own need to learn and adapt to the changing environment. She was a truly remarkable leader."*

*The Sisters of St. Joseph will welcome family and friends at St. Joseph's Convent Hamilton May 1, 2 p.m.-4 p.m. and 6:30 p.m.-8:30 p.m. A vigil service will be held at 7 p.m. at St. Joseph's Motherhouse. Mass of Christian Burial will be celebrated at St. Joseph's Convent, Motherhouse May 2 at 10:30 a.m.*



*We celebrate the life of  
Sister Joan O'Sullivan*

*Born: March 15, 1922*

*Died: April 27, 2013*

*Precious in your sight is the death of your faithful ones. Ps116*

**IN LOVING MEMORY OF  
SISTER JOAN O'SULLIVAN**

*Born: March 15, 1922*

*Professed vows: September 8, 1946*

*Died: April 27, 2013*

*Survived by her many loving nieces and nephews.*

*Predeceased by her brothers Herbert and Paul Joseph and her sister Mary Merryman and nephews Father Sean O'Sullivan, Joseph O'Sullivan and Greg O'Sullivan.*

*Vigil for Deceased  
Wednesday, May 1, 2013  
at 7:00 p.m.  
St. Joseph's Convent.*

*Mass of Christian Burial  
Thursday, May 2, 2013  
10:30 a.m.  
St. Joseph's Convent, Hamilton*

*Burial  
Holy Sepulchre Cemetery  
Burlington, Ontario*



**Sister Daniel Theresa**  
(Helen Caraher '42)

**Sister Pauline Marie**  
(Pauline Gibbons '43)

**Aia Clinic**  
The cost of mailing supplies to a clinic near Hong Kong will be paid by the Nurses' Alumnae Association of St. Joseph's Hospital. The decision was made at a recent meeting of over 175 members of the association held in the auditorium at the hospital. Mrs. Russell Fletcher presided. The supplies will go to Sister Paula Marie, a missionary and member of the association, who is in charge of the eastern clinic. Members endorsed a policy of paying membership fees for any St. Joseph's graduate who is engaged in the mission field.

**Sister Paula Marie**  
(Pauline Gibbon '43)



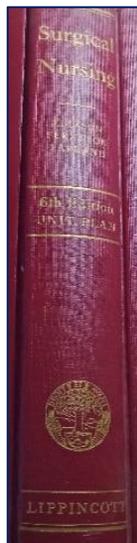
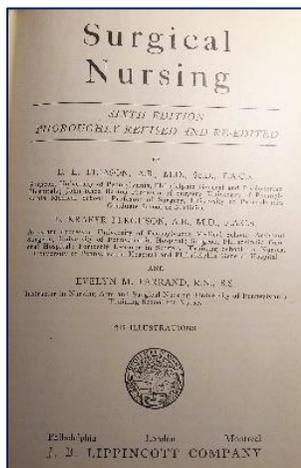
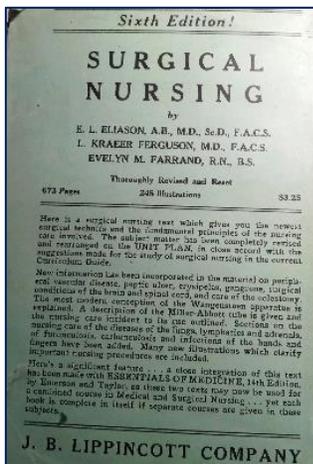
**Marjorie Almas Tregunno '43**  
**Theresa Lobsinger '45**

**Bernadette Clohecy '43**  
1947 - 1948 *Bernadette served on the Nurses Alumnae Executive as secretary*  
1948 - 1949 *Bernadette served on the executive as treasurer*  
1966 - 1967 *Bernadette served on the executive as recording secretary*  
1968 - 1969 *Bernadette served on the executive as recording secretary*



**Sr. Ann Marshall '56, Amelia Fronczak '69**  
**Sr. Joan O'Sullivan '43, Connie Beamer Prowse '69**

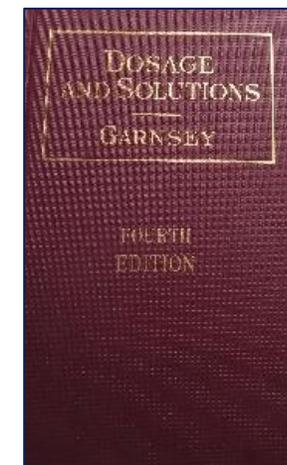
*Cost of the textbook was \$3.25*



**Sister M. Celestine '43**  
a.k.a. **Sister Joan O'Sullivan**



**Sister Joan O'Sullivan '43**  
**Sister Patricia Hanlon '50**  
*Reunion Day 2005*  
*Opening of the Alumnae Display Case*



**Dosage and Solutions: A Textbook for Nurses**  
*4th Edition*  
*Written by C.E. Garnsey*  
*Revised by Hulda L. Gunther B.S., R.N,*  
*Published by W.B. Saunders Company in 1942*

**Surgical Nursing**  
*6th Edition*  
*Written by E.L. Eliason A.B., M.D., Sc.D., F.A.C.S.*  
*And L. Kraefer Ferguson A.B., M.D., F.A.C.S.*  
*And Evelyn M. Farrand R.N., B.S.*  
*Published by J.B. Lippincott Company 1940*

**CARING, TRAIL-BLAZING NUN WAS DRIVING FORCE BEHIND ST. JOSEPH'S EXPANSION : SISTER JOAN O'SULLIVAN, MARCH 15, 1922 TO APRIL 27, 2013**

*The nun who helped build St. Joseph's Healthcare into the respected teaching hospital it is today has died. Sister Joan O'Sullivan led St. Joseph's from 1979 to 1988 — a time when few women headed hospitals. "I can't remember too many women in CEO positions of hospitals at that time," said Brian Guest, senior vice-president of corporate renewal and mission at St. Joseph's Health System.*

*"She was a trailblazer." Under her watch, St. Joseph's went through \$60 million to \$80 million of redevelopment including rebuilding the obstetrics department despite uncertainty about how to fund it. She also created the busy urgent care centre in Stoney Creek. "It was a pretty courageous decision," said Guest. "That was a challenging time to get the funding in place.*

*In terms of where St. Joseph's is now, the community owes a lot to her." One of her biggest accomplishments was starting St. Joseph's international outreach, which provides health care and medical training to impoverished parts of the world, such as Haiti and Uganda. "She was responsible for starting that long before international work was on everyone's mind," said Sister Anne Anderson, her friend of 50 years.*

*One of O'Sullivan's most difficult times as head of the hospital was when it was recovering from a major fire on May 1, 1980. "She really worked at reorganizing, rebuilding and reinvigorating the place," said Anderson.*

*Before becoming executive director, she led St. Joseph's nursing school from 1964 to 1972. She was also assistant executive director of St. Joseph's Hospital in Brantford and CEO of St. Mary's General Hospital in Kitchener. "She mentored generations of nurses, and then when she moved into senior administration she administered generations of young administrators," said Anderson.*

*She was such a good leader, because she showed respect to all the staff, no matter what role they played in the hospital. "I knew her as an emergency department orderly and as a vice-president, and I can honestly say she treated me no differently in the two roles," said Guest. "That's why she was so beloved. She saw everyone in the hospital as part of the team, no matter where you worked and inspired loyalty and commitment to the mission."*

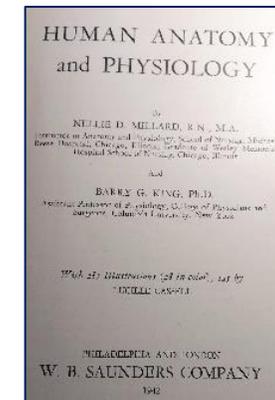
*Despite her high profile, she was humble and shied away from the limelight. "She was a very calm influence," said Guest. "But she had a look — you knew in a hurry when you weren't meeting expectations."*

*She remained committed to bettering Hamilton's health care until she died April 27 at the Sisters of St. Joseph Motherhouse at age 91. "She truly believed with every fibre of her being that it is an honour to serve the sick," said Anderson. "I was keeping her very up-to-date on the new St. Joseph's West 5th site, and she was delighted to think that mental health care was going to take on such an amazing and dramatic transformation.*

*Until her dying day, she was interested in the care of the people of Hamilton. That's her greatest legacy." Lovingly known as "Joan O," she was a sister of St. Joseph's for 67 years. Anderson said she loved dogs of all kinds — "anything with four feet and a wagging tail." "Her faith was the anchor that kept her rooted, active and interested," said Anderson.*

*"Her loss certainly will leave a great void in the congregation, but her memory will be a great joy. The tone at the Motherhouse is that we are all profoundly grateful for a life well lived."*

*Published in the Hamilton Spectator May 5, 2013*



**Human Anatomy and Physiology  
Written by Nellie D. Millard R.N., M.A.  
and Barry G. King Ph.D.  
Published by W. B. Saunders Company in 1942**



**April 1985, Sr. Joan O'Sullivan with  
Frank Miller, (the P.C. Premier of Ontario at the time),  
celebrates provincial government approval of  
St. Joseph's Community Health Centre.**

Written by Sister Julie  
Published May 6, 2013

**NUNDAY : A NUN, NURSE, AND ADMINISTRATOR**

I just read about Sister Joan O'Sullivan, CSJ, a [Sister of Saint Joseph from Hamilton, Ontario](#)(Canada), who died last week. My prayers and condolences to her sisters and loved ones. I knew a few sisters from her community when I was in school in Toronto. As we begin this [week honoring nurses](#), it seems appropriate to celebrate Sister Joan, a Catholic sister who was also a nurse and administrator and dedicated to helping others.

She is described as a trailblazer, and the driving force behind expanding St. Joseph's hospital and health care system. She built at a time when funding was questionable, a risky but courageous choice that the Hamilton community -- and beyond -- continue to benefit from. An [article by Joanna Frketich](#) of the Hamilton Spectator has a few quotes from Sister Ann Anderson, CSJ, Sister Joan's friend of 50 years.

*"She mentored generations of nurses, and then when she moved into senior administration she administered generations of young administrators," said Anderson.*

*She was such a good leader, because she showed respect to all the staff, no matter what role they played in the hospital....*

*Lovingly known as "Joan O," she was a sister of St. Joseph's for 67 years. Anderson said she loved dogs of all kinds — "anything with four feet and a wagging tail."*

*"Her faith was the anchor that kept her rooted, active and interested," said Anderson. "Her loss certainly will leave a great void in the congregation, but her memory will be a great joy. The tone at the Motherhouse is that we are all profoundly grateful for a life well lived."*

*Thanks be to God for Sister Joan!*

**1964**

**Sister Celestine, acting Director of Nursing**

**changed name from "The St. Joseph's Hospital Nurses' Alumnae Association" to "Alumnae Association of the St. Joseph's Hospital School of Nursing".**

**The reason for the change of wording was that an Alumnae member is a member of the School of Nursing, not the Hospital.**



**Sister Joan O'Sullivan '43  
Tea and Tour at the Motherhouse  
2011**



In Loving Memory

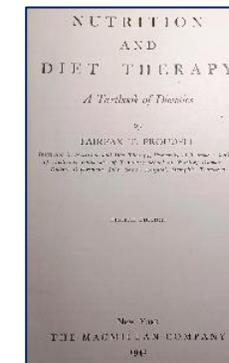
**Sr. Joan O'Sullivan CSJ**

Entered Life  
March 15, 1922  
Entered Religious Life  
September 8, 1946  
Entered Eternal Life  
April 27, 2013

God of endless ages, from one generation to the next, you have been our refuge and strength. Before the mountains were born or the earth came to be, you are God. Have mercy now on your servant, whose life was spent in your service. Give her a place in your kingdom, where hope is firm for all who love and rest is sure for all who serve.

*Dermody's*

P.X. Dermody Funeral Home



**Nutrition & Diet Therapy  
A textbook of Dietetics  
8<sup>th</sup> Edition  
Written by Fairfax Proudfit  
Published by The MacMillan Company in 1942**